
5 Nanobubble Myths Debunked

What vendors won't tell you — and what the science actually says.

01

MYTH

FALSE

It's all marketing — there's no real science behind it.

Nanobubble scepticism is understandable — the market is flooded with exaggerated claims. But the underlying physics is well-established and independently verified.

Bulk nanobubbles were first imaged via atomic force microscopy in 2000. Since then, hundreds of peer-reviewed studies have confirmed their existence, stability, and measurable effects on dissolved gas transfer, surface tension, and microbial activity. ISO 20480-1:2017 — an international standard — defines the terminology, measurement protocols, and classification criteria for fine bubble technology.

The scepticism is often justified about specific product claims — not about the science itself.

Nanobubbles are real. What is often hype is the gap between laboratory results and what a specific product actually delivers under real-world conditions.

02

MYTH

FALSE

All nanobubble claims are real — if it says nano, it works.

This is the opposite problem: assuming that because nanobubble science is real, every product claim is automatically valid. It is not.

Common unverified claims include: eliminating detergent entirely (not supported by data), curing diseases (no peer-reviewed evidence), and universal applicability across all water types and temperatures (demonstrably false — water hardness, salinity, and temperature all significantly affect performance).

The legitimate, independently verified benefits — improved dissolved oxygen, partial reduction in surfactant requirement, enhanced surface wetting — are real but more modest than most marketing suggests. Always ask for the source study.

Verified: +40% dissolved O₂ vs conventional aeration. -10 to 30% detergent reduction (depending on gas type). These numbers require specific conditions — they are not universal guarantees.

Industrial generators always outperform residential ones.

Price and robustness do not equal nanobubble performance. This is one of the most misunderstood points in the market.

Industrial generators use stainless steel, ceramic membranes, and high-pressure components — designed for large flow rates, continuous operation, and harsh environments. That engineering adds cost and durability. It does not guarantee smaller bubbles or higher bubble density.

Many products marketed as 'nanobubble generators' — including expensive industrial units — produce predominantly microbubbles (1-50 micrometres), not nanobubbles (<200 nm). The distinction matters enormously: the stability, gas transfer efficiency, and surface tension effects are properties of the nano scale, not the micro scale.

A well-engineered plastic residential generator, optimised for a specific pressure and flow range, can produce genuine nanobubbles (100-200 nm) at densities comparable to or exceeding many industrial units — precisely because it was designed for bubble generation efficiency, not industrial durability.

Always ask: what is the measured bubble size distribution (nm) and bubble count (per mL)? These two numbers — not price or material — determine whether a device is actually a nanobubble generator.

04

MYTH

FALSE

Nanobubbles work the same in any water.

Water quality is the single most underreported variable in nanobubble marketing.

Three factors significantly reduce nanobubble performance:

Hard water (high Ca^{2+} / Mg^{2+} concentration): ionic strength compresses the electrical double layer around each bubble, reducing the zeta potential that keeps bubbles stable. In hard water, nanobubbles coalesce faster and dissolve sooner.

Temperature: nanobubbles dissolve faster at higher temperatures. Studies showing significant detergent reduction were mostly conducted at 30-40 degrees C. At 60 degrees C, the advantage largely disappears.

Salinity and contaminants: high salinity reduces zeta potential and bubble lifetime. Organic contaminants and surfactants can alter bubble surface properties unpredictably.

A protocol that delivers excellent results in soft water at 30 degrees C may produce negligible effects in hard, hot, or saline water. Any product ignoring these variables is selling a simplified story.

Before deploying nanobubble technology, always characterise your water: hardness (ppm CaCO_3), temperature range, salinity (TDS), and pH. These determine the achievable bubble lifetime and effective concentration.

05

MYTH

UNPROVEN

The ROI is guaranteed — nanobubbles always pay for themselves.

ROI claims are perhaps the most dangerous category of nanobubble marketing, because they combine real science with speculative financial projections.

ROI depends on: the specific application and water quality (see Myth 4), the actual bubble size and concentration

Want to go deeper?

Each application area — aquaculture, horticulture, food safety, washing — has its own protocol requirements. Our guides cover the peer-reviewed mechanism and the applied methodology for each sector.

nanobubbleguide.com/publications

Equipment guidance (independent): info@nanobubbleguide.com